

A photograph of an elderly woman with short, curly grey hair, smiling warmly. She is seated in a wheelchair and wrapped in a white blanket. In the background, a healthcare professional in a white coat and blue scrubs is partially visible, looking towards the woman. The scene is brightly lit, suggesting an indoor setting like a hospital or care home.

**PHILIPS**

CoughAssist T70

Prevent reintubation and  
**inspire better outcomes**

# Invasive mechanical ventilation has consequences for **hospitals and their patients**

-  **Financial consequence**  
lengthened ICU stay
-  **Clinical consequence**  
decreased survival
-  **Operational consequence**  
consumes more resources

As few as 6% of patients with prolonged weaning can consume **37% of ICU resources**

**Preventing reintubation is key to weaning patients from ventilation and transitioning them out of the ICU.**



## Patients are at **high risk for reintubation**

### **Reasons include<sup>1</sup>:**

- Lack of improvement in the work of breathing
- Hypoxemia
- Respiratory acidosis
- Retained secretions
- Decreased consciousness

**Patients with slowly progressing neuromuscular disease should be extubated directly to non-invasive ventilation (NIV) combined with cough clearance support.<sup>2</sup>**



# For patients with a low peak cough flow, a different approach is needed

## Two approaches for patients requiring secretion removal<sup>1</sup>

	<b>Direct tracheal suction</b>	<b>Mechanical insufflation-exsufflation (MI-E)</b>
<b>Mechanism</b>	Vacuum applied through a catheter inserted in an artificial airway	Gradual positive pressure (insufflation) to the airway, then rapid shift to negative air pressure (exsufflation)
<b>Area affected</b>	With an endotracheal or tracheostomy tube, the suction is applied only to the central airways	The entire airway (upper, central and peripheral)
<b>Outcomes</b>	Ongoing irritation from the suction catheter, short-term increase in airway resistance, clearance of central airways only <sup>2</sup>	Supports natural cough-clearance mechanisms



**Patients report that MI-E is more comfortable and effective than direct suctioning.<sup>2</sup>**

MI-E and NIV may result in **better outcomes** than NIV alone after extubation in a variety of patient conditions

**In a study of 75 patients, of those randomized to MI-E:**

**83%** were spared reintubation (vs 52%)

**14%** on MI-E and NIV required reintubation vs 65% on NIV alone

**6.7 day** reduction in average length of ICU stay postextubation\*

\* $P < .05$ .

Reference: Goncalves MR, et al. *Crit Care*. 2012;15:R48.



# Philips CoughAssist T70 mimics a natural cough

- Clears airways for longer periods than tracheal suctioning<sup>1</sup>
- Patients prefer MI-E over deep tracheal suctioning<sup>2\*</sup>

**Provides an effective, noninvasive secretion clearance solution.**



\*Study was performed in a group of ventilator-dependent tracheostomy patients.  
References: 1. Toussaint M, et al. *J Nov Physiother.* 2012;2(3):110-112. 2. Sancho J, et al. *Am J Phys Med Rehabil.* 2003;82(10):750-753.

# What potential impact can **CoughAssist T70** have on hospitals and their patients?



**Financial** benefit



**Clinical** benefit



**Operational** benefit

Does your extubation protocol also address  
**your patient's ability to cough?**



